

RESIDENTIAL BIKES SERIES

B74

COMFORTABLE AND COMPACT



When talking about the most popular home exercise equipment for losing weight the stationary bike will always be mentioned. Known for being light weight, durable, easy-to-use and space saving, the B74 will be the perfect piece of exercise equipment for anyone with those needs in mind.



PRODUCT HIGHLIGHTS

MAGNETIC RESISTANCE

Our whisper quiet resistance gives users a smooth transition in between resistance levels, all while maintaining an extremely quiet workout. Allowing users to worry less about fitness equipment noise, and focusing more on reaching fitness goals.

ADJUSTABLE SEATING

Allows a user to move forward and backward on the seat as well as the back rest. Because all users differ in height it's important to have the freedom of finding that perfect comfort level during a workout.

FRAME

A strong durable frame is vital for Light Commercial bikes. Heavy Steel tubing along with aluminum shroud makes the SOLE bikes indestructible but light and manageable. Two wheels upfront act as touch points and make moving the bikes easy and convenient.

WEIGHTY FLYWHEEL

A 14-kilogram flywheel is a superior feature, which helps building the momentum and steadiness for the most intensive pedaling action. Oversized cushioned foot pedals coupled with a 2-degree inward slope will provide for an extremely comfortable workout. The cushioned gel seat with both vertical and horizontal adjustment capabilities will make it easy for maximum comfort and ease of use.

TECHNICAL SPECIFICATIONS

Pedals	Oversized, ergonomic
Seat adjustment	Vertical & horizontal gel seat
Resistance	ECB 20 levels
Controls	Quick-touch
Chest Belt	Not included
Cooling fan	Yes
Flywheel weight	8.16 kg
Frame	Strong sturdy steel frame

CONSOLE / WORKOUTS

Computer display	19 cm LCD, Backlit Blue
Console feedback	Time, speed, distance, calories, HR
Pre-set programs	6
User programs	2
HRC programs	2

DIMENSIONS

Product size	L 137 x W 58 x H 122 cm
Carton size	L 168 x W 58 x H 86 cm
NW	40 kg
MAX. user weight	130 kg

WARRANTY

Frame / Motor	Lifetime
Parts	3 years

